

Health & Safety Scorecard

June^{YTD} 2019 Ministry of Highways and Infrastructure

Take 10's
Goal = 2400 per Year

435 MHI
1348 Fleet

SOP's Complete
Goal = 150 per Year

69

OHC Inspection
Completed as Planned
Goal = 100%

84% (2nd quarter)

Not Myself Today

Perfect Days
Zero Incidents

17

Safety Walks
Completed 19/20
Goal = 150 per Year

12

Orientation's
Completed as Planned
Goal = 100%
(network issues)

10/33

TRIF / LTIF
Incident Frequency

3.3/2.2

Incidents
Reported 19/20
Year to Date

102

Training
Certifications
Awarded This Month

53

How can you look after your mental health?
Supporting your own mental health and well-being can mean different things to different people. Here are a few ways you can get started.

Take care of your physical health:

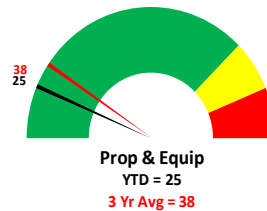
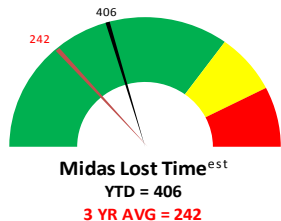
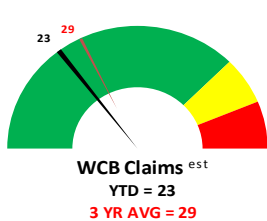
- Eat a well-balanced diet
- Get outside with natural light and fresh air for at least 10-20 minutes every day
- Prioritize a good nights sleep
- Stay hydrated by drinking enough water each day
- Avoid or limit your intake of alcohol, caffeine, tobacco and other non-prescription drugs
- Stay active and exercise

Take time to do things you enjoy:

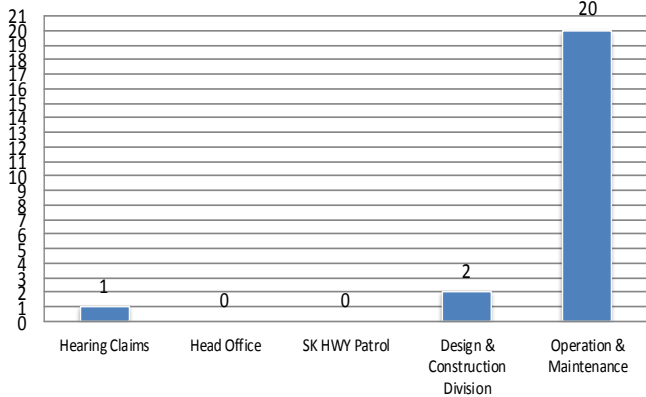
- Make time for your hobbies
- Spend time with friends and family
- Meditate
- Listen to music
- Watch a favourite TV show or movie
- Write in a journal
- Volunteer or help others

Know and respect your limits:

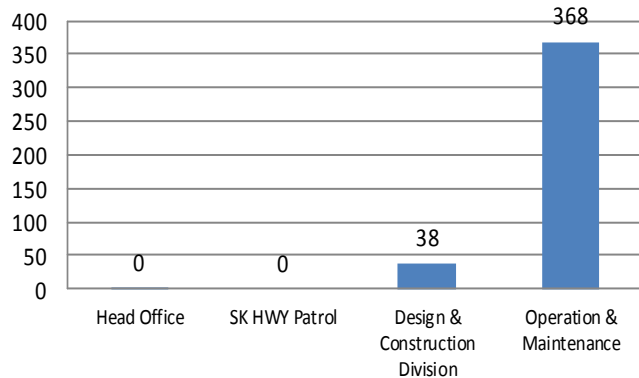
- Be honest about the time you need to recharge and rest
- Establish boundaries between your work and home life



WCB Claims - 2019 YTD



Injury Lost Time - 2019/20 YTD



Property & Equipment - 2019/20 YTD



Path to Zero Injuries

Prevention is the key...

1. Safety above all else.
2. Plan your activities and follow the plan.
3. Use "Take 10" to identify hazards and have controls in place prior to starting task.
4. Take the time necessary to complete the job safely and ask for help if needed.
5. Look out for yourself and others.

Complete a hazard assessment prior to starting a task.

Path to Zero Lost Time

1. Injury Prevention
2. Injury Accommodation

The goal is to return employees to work during the recovery period as soon as possible to their regular or modified duties.

Accommodated work is available for most injuries.

Path to Zero P&E Incidents

Focus - backing up and contact incidents.

Typical Backing Up Controls

- Complete a walk around your unit before moving.
- Use a spotter as needed.
- Ensure overhead doors are fully open.
- Ensure box is down
- Ensure overhead line clearance is appropriate.

Typical Contact Controls

- Mark potential problems spots – no surprises!
- Shops/yards have designated equipment and material locations – no surprises!

PM will reduce equipment failures.

Serious Incident – WCB lost time – 1

Two fingers amputated after right hand went into the main auger

Dangerous Occurrence P&E

Packer tipped over while being pulled back onto the road from the shoulder by D Unit

WCB – lost time claims – 2

Hand injury after pounding posts and when using impact wrench

WCB – no lost time claims – 3

Back injury during physical training; also when picking up re-cap tire

Knee injury installing jack under D Unit

Injury 1st Aid – 6

Pinch in knee while walking

Two hand injuries pounding in posts

Twisted ankle stepping into a crack in the ground

Banged knee into bottom corner of door on D Unit

Pinched foot in articulation of packer

Preventable P&E Incidents – 9

Raised box of D Unit while hitch was still attached

D Unit nicked concrete post

Rotary light contacted crane

Front of lifeboat fell into the water causing damage and loss of equipment

Three loader incidents; found compartment door damaged; wind caught and broke window; found front left side fender bracket bent

Box on frame was closed; damage to laptop case

Put dent in left side of trailer when turning trailer

Unpreventable P&E Incidents – 10

Main auger on D Unit came out with the load

D Unit got hit by flying mattress on Highway 5

CVA/truck hit a deer and re-cap tire blew damaging side rear fender

Oil leak from pump housing on tractor

Flying stone struck windshield (broke almost through) on CVA/truck

Flying stone hit CVA/truck causing a small stone chip in windshield (2)

Tire cover cracked while re-torquing tires at tire shop

Motor home pulled around arrow board breaking mirror; flipping the arrow board upside down and did not slow until followed; RCMP were called

Near Miss No Injury – 4

Three in work zones; driver bumped leg of flagger with car, motorist went through stop sign; second vehicle almost hit vehicle stopping for flagger

Side wall of re-cap tire blew while sitting outside in the yard

Near Miss No P&E – 2

Vehicle ran into guard cable at ferry; no damage to ferry or public

CVA/truck drove into the ditch

Late reporting – 2: Injury to abdomen lifting mix and caught finger between boomer and trailer deck